



# Early Intervention Services – Parent Guide & Checklist

A Free Resource by Listening Ears

Early intervention supports children during the most important years of brain development (0–6 years). Timely therapy helps improve speech, behavior, learning, social skills, and independence. This guide is designed to help parents understand early signs, available services, and next steps.

## Who Needs Early Intervention?

Early intervention is helpful for children who show delays in speech, movement, learning, behavior, attention, or social interaction. Even mild delays should not be ignored, as early support leads to better outcomes.

## Common Early Warning Signs

- Child is not speaking or using words as per age
- Poor eye contact or limited social interaction
- Delayed sitting, walking, or motor skills
- Difficulty understanding instructions
- Hyperactivity, aggression, or frequent tantrums
- Sensory issues (sound, touch, food textures)
- Feeding or chewing difficulties

# Early Intervention Services at Listening Ears

**Speech Therapy:** Helps children improve speech clarity, vocabulary, and communication skills.

**Language Development Therapy:** Builds understanding and expression of language.

**Occupational Therapy (OT):** Improves daily living, fine motor, and sensory skills.

**Sensory Integration Therapy:** Helps children respond better to sensory input.

**Behaviour Therapy:** Supports positive behavior and emotional regulation.

**Special Education Support:** Customized learning strategies for developmental needs.

**Autism Early Intervention:** Structured programs to improve communication and social skills.

**Developmental Delay Therapy:** Addresses global delays in growth and learning.

**Feeding & Swallowing Therapy:** Improves chewing, swallowing, and eating habits.

**Social Skills Training:** Teaches sharing, turn-taking, and peer interaction.

**Cognitive Skill Development:** Enhances memory, attention, and problem-solving.

**Play-Based Therapy:** Uses play to encourage learning and communication.

**Parent Counseling & Training:** Guides parents to support therapy at home.

**Early Learning Programs:** Boosts pre-academic and readiness skills.

**School Readiness Program:** Prepares children for smooth school transition.

# Parent Checklist – Is Early Intervention Needed?

- My child is not meeting speech milestones
- My child struggles to understand or follow instructions
- My child avoids social interaction
- My child has frequent behavioral issues
- My child has sensory sensitivities
- My child faces difficulty with feeding or chewing
- I feel my child needs extra support

## Next Steps for Parents

If you checked one or more points, early assessment can help your child grow confidently. Early therapy improves long-term outcomes and reduces future learning difficulties.

**Listening Ears** – Supporting Children, Empowering Families  
Book an assessment or speak with our experts today.